

# COURAGE TO CARE SYP

## Upstander Program for Secondary Years students



### TRANSFORMING BYSTANDER BEHAVIOUR TO UPSTANDER ACTION

Courage to Care is an educational program about the importance of standing up to discrimination, empowering each of us to confront prejudice and bullying. Taking inspiration from real-life extraordinary acts of courage by ordinary people, our Upstander Programs inspire people to make a difference by standing up and taking action, creating real change in the schoolyard, workplaces, and in our communities.

Delivered by our team of skilled and dedicated volunteers, our Upstander Programs promote acceptance of diversity within our community. Programs transform bystander behaviour by demonstrating the core fact that a bystander is never neutral, and by offering participants practical tools for standing up against racism, bullying and prejudice.

Upstander programs are offered at no cost to schools across Victoria. Our social enterprise delivers professional development for teachers.

Since 2000, more than 150,000 students have participated in our upstander programs in Victoria.

#### SYP OR MYP? HOW DO I CHOOSE?

The two programs are complementary. Younger students participate in the **Middle Years Program** and progress to the **Secondary Years Program** later in their education.

**MYP** introduces the concept of accepting diversity across society and the concepts of stereotyping, prejudice and discrimination. **SYP** explores more thoroughly the dangerous progression that begins with stereotyping and can lead to hatred and genocide - and how to nip it in the bud.

### WHAT HAPPENS IN OUR WORKSHOPS

**SYP Upstander Program for Years 8 - 12 is delivered as an incursion directly to schools or during regional exhibitions in a 1 hr 40 mins workshop with 50 - 80 students.**

- 1 A brief documentary film  
The film gives historical background to the Holocaust as an extreme example of the progression of racism and discrimination and consequences of bystander behaviour.
- 2 A survivor's personal testimony of the progression of discrimination and how rescuers had the courage to care.
- 3 Upstander stories examining upstanders in history and Local Heroes of today.
- 4 Facilitated discussion so students understand the consequences of their choices and to empower students with extensive tools to overcome bystander behaviour and become Upstanders.
- 5 Students gain a toolkit to help them respond when they witness injustice.

### CURRICULUM ENRICHMENT

- Intercultural capabilities
- Interpersonal and Social Capabilities
- Ethical Capabilities
- Humanities (English, History, Politics, Holocaust/genocides, Philosophy)
- Social sciences (Psychology)
- Student Wellbeing
- Respectful Relationships

**ENQUIRIES AND BOOKINGS**

 **9533-0955**

 [pm@couragetocare.org.au](mailto:pm@couragetocare.org.au)

 visit [couragetocare.org.au](http://couragetocare.org.au)

*"The talk by a survivor was listened to in silence, although there were over one hundred students present. Attendance is free, yet the 'return' in information gained and discussion generated is massive."* Teacher, Tintern Schools

*"It engaged the students with real details, then took it further to make it matter. Excellent presenters, great materials, effective program."* Teacher, Xavier High School Albury

*"I believe this excursion to be one of the best I have experienced in 30 years of teaching."* Teacher, Oberon High School

*"Very powerful! It was great for students to hear REAL stories which were then linked to the Local Heroes, so the goal of making a difference is made achievable."* Teacher, Carambal-lac College Werribee

*"I've realised today that you don't have to be powerful to do something like stand up for someone in trouble."* Student, Werribee

*"I thought the morning was brilliant and every school should hear the stories."* Student, Richmond

**Recipient of Victorian Multicultural Commission Award for Excellence in Education 2013 and 2020**

PRINCIPAL PARTNER  
**GANDEL**  
FOUNDATION

MAJOR PARTNER  
**VICTORIA**  
State Government  
Education and Training

PARTNERS AND MAJOR SUPPORTERS  
Besen Family Foundation  
B'nai B'rith Victoria  
Erdi Foundation  
Goldman Lazarus Family  
Jack & Robert Smorgon Family Foundation

L & L Kausman  
Lord Mayor's Charitable Foundation  
Marquill Foundation  
Peachtree Capital  
Victor Smorgon Charitable Fund